

## Water Polo

The Bridgewater Recreation Department along with Somerset Valley YMCA will be hosting a Water Polo Program. This class is an introduction to the Olympic sport of water polo. Participants will work on swimming skills, offense, defense, and the rules of the game. The program is for ten to fifteen year old swimmers who can tread water for 2 minutes without the use of their hands. The class will have approximately one half hour of instruction on skills and strokes and one half hour of game time. The emphasis of the program is learning water polo basics and having fun!

**For:** Bridgewater Boys and Girls ages 10 through 15

**Dates**: Saturdays – See session dates below. Keep the top portion of this

registration, no written confirmation will be handed out.

**Time**: 12:00pm to 1:00pm

**Location**: Somerset Valley YMCA (601 Garretson Road)

For more information call the Somerset Valley YMCA at (908) 526-0688 or visit them at www.ymcasomersetvalley.org.

**Cost**: \$70.00 per session – checks made payable to "Somerset Valley YMCA"



March 11 to April 29, 2006 Saturdays: 3/11, 3/18, 3/25, 4/1, 4/8, 4/15, 4/22, 4/29



May 6 to June 24, 2006 Saturdays: 5/6, 5/13, 5/20, 5/27, 6/3, 6/10, 6/17, 6/24

Registration only for Bridgewater Residents will be held at Bridgewater Recreation Department at the Bridgewater Municipal Building (700 Garretson Road) until Thursday, March 2, 2006 during regular office hours of 9am to 5pm Monday to Friday. Registrations will be accepted via mail or drop box, until 3/2/06 remember, space is limited; registration is based on first come first serve. After 3/2/06 registration will be handled through the Somerset Valley YMCA (office hours 5am to 9:45pm Monday through Friday, 7am to 6pm Saturday, and 8am to 1pm Sunday) until the classes are filled. After 3/2/06 registrations can also be mailed to **Somerset Valley YMCA** 601 Garretson Road – Bridgewater, NJ 08807 Attn: Meghan.

## Session #3

July 1 to August 19, 2006 Saturdays: 7/1, 7/8, 7/15, 7/22, 7/29, 8/5, 8/12, 8/19

Parent/Guardian Signature

Space is limited; registration is based on first come first serve. Registration for Bridgewater Residents only will begin on Monday, June 12, 2006 at 6:00am at Somerset Valley YMCA. Registration will continue through the Somerset Valley YMCA during their regular office hours (5am to 9:45pm Monday through Friday, 7am to 6pm Saturday, and 8am to 1pm Sunday) until the classes are filled. Registrations can be mailed to Somerset Valley YMCA 601 Garretson Road – Bridgewater, NJ 08807 Attn: Meghan.

Date

☐ Session #3

Proof of Bridgewater Residency is required at the time of registration. Proof of age is not required, but if your child is found not to be eligible for this class, your child will be expelled from session and no refund will be issued. No refunds, credits or make-ups will be given unless two or more classes are missed due to medical reasons.

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Bridgewater Recreation Departme	ent P.O. Box 6300/700 Garretson Road – Br	ridgewater, NJ 08807 (908) 725-6373	office hours 9am to 5pm Monday to Friday	www.bridgewaternj.gov

## 2006 Water Polo \$70.00 per session – checks payable to "Somerset Valley YMCA" Last First Circle Gender: Name:\_ Name: Male or Female Mailing Address: Town: Work Home Phone #: ( \_Phone #: ( Phone #: ( Age as of Date of Age as of Age as of 3/11/06: 5/6/06: 7/1/06: Birth: Please note that Bridgewater Township Recreation Department does not provide individual medical coverage for its participants. Each participant will be Please check the covered under his/her family's medical policy. It is recommended that families have insurance before the child participates. The Recreation Department reserves the right to cancel, alter, supplement, limit registration or change any other information. appropriate Session: ☐ Session #1 ☐ Session #2